

Manual Handling Training

Course Content

This half day Manual Handling training course is designed to ensure that your employees are trained and competent in manual handling.

The course covers the following topics:

- Legislation – Legal implications
- Employer responsibilities
- Employee responsibilities
- Ergonomics – Safe work practises
- Safe Handling
- Hazard identification
- Risk assessment techniques
- Implementing control measures
- Accident investigation



Who should attend?

This manual handling course is designed to meet the needs of all levels of employees who may undertake manual handling operations, including the movement of items through lifting, putting down, pushing, pulling, carrying or moving thereof by hand or by bodily force.

No previous training is required, however group participation is encouraged throughout.

Hand-outs will be provided, detailing the aspects discussed during the presentation and can be used as an open book for the purpose of completing the end of course Manual handling questionnaire. These notes can then be used for future reference in the workplace.

Accreditation

A certificate of attendance is provided at the end of this course.

Please note that in tandem with our efforts to be more environmentally friendly and in line with our ISO14001 targets, the course attendance certificates will only be submitted in electronic form. Hard copies of the certificates can be provided at an additional cost.

All our training courses can be supported by our compliance management solution, HBE manager, which means that you can safely store and access all your training certificates and course materials in one place. Ask us for more details.

Types of courses

This is run as an open course however for groups of 6 or more, this course can be tailored to suit your organisation's needs for on-site training.

Call us on 0845 6399673 or email enquiries@hberm.com to discuss your training requirements.